

## Why are we doing this in Tualatin now?

While the population of Tualatin has grown only 18% in the last decade, it has seen the highest growth in the population of residents living below the poverty level of any Portland metro area (189%). With limited income, fresh produce is further out of reach for many families. At the same time, Tualatin has a shortage of community garden space with significant waiting lists for those that want to grow fresh produce. NNC was formed to get fresh produce to those that need a helping hand. We also encourage the growth of public and private community gardens that support those in need, either with no cost garden space or by encouraging community garden development that sets aside space for growing produce that is donated. Gardening is also a great community building activity. NNC hopes to help build bridges between all segments of the Tualatin community so that we can nourish one another.

## Our Generous Business Support

- Skyline Farms & Meriwether's Restaurant
- Robert E. Kellogg, P.C.



A partnership of the residents, the businesses, and the City of Tualatin standing together against hunger and poor nutrition in our community.



Let's help make sure that those in our community that can't afford fresh nutritious produce are not left to go without. Together we can make a difference, one garden at a time.



## NEIGHBORS NOURISHING COMMUNITIES

17660 SW Shawnee Trail  
Tualatin, OR 97062

P 503-523-7142

E NeighborsNC@gmail.com

# NEIGHBORS NOURISHING COMMUNITIES

A Non-profit Committed to Providing Healthy Produce, Education, and Fellowship



Let's Fight Poverty and Hunger Together

# Neighbors Nourishing Communities (NNC)

## What is NNC?

We're an Oregon non-profit grassroots organization whose mission is to provide nutritious produce to those in our community that cannot afford it. We're using a distributed farming model, much like the Relief Gardens of the Depression or the Victory Gardens of World War II. Our goal is to assist Neighbors that would like a home garden for their own nutritious reasons and that are willing to plant a little extra to grow produce that is given to others in need. Our assistance comes in the form of education on gardening and cooking as well as the supply of free garden plants and seed. Volunteer gardening Neighbors raise the plants, harvest the wholesome produce, and share a small percentage of it with their community.

## What's Involved in being a Gardening Neighbor?

Volunteer Neighbors can register January through April via the email address or phone number found on the back of this brochure. In early May gardening classes will be offered and between mid-May and mid-June plants and seeds will be ready for pickup and transplanting. During the summer, classes will be offered on making delicious wholesome foods with garden produce. In the growing season gardeners can deliver donated produce to designated organizations. Classes on home canning will likely take place in late summer. At the end of the growing season it is the hope of NNC to get volunteers together to celebrate with a final nutritious harvest dinner to celebrate a great year.

## NNC Provides:

- Spring Gardening Classes
- Free Plants and Seed
- Summer Cooking/Canning Classes
- Discounts at Area Merchants
- Community Fellowship

## How Big Must My Garden Be?

There are no size requirements to become a gardening Neighbor for NNC. For those with gardens 50 square feet and larger we ask that you set aside 20% for plants that will produce food for area organizations and community members in need. However, if you only have a few patio planters and you're willing to grow one or more plants to produce donated produce, we encourage it. Our goal is to encourage Neighbors to grow wholesome produce for themselves as much as for those in need. However, NNC is providing plants and education for free so we hope that everyone will find a way to donate 20% or more of their vegetables. While we support the common practice of donating vegetables to your neighbors (who hasn't tried to offload some zucchini?) we are hoping your donated vegetables will make it to those that can't easily afford commercial produce.

## How Can Businesses Get Involved?

There are several opportunities for businesses to assist NNC with its mission. Local businesses can assist with any of the following:

- Providing discounts to our gardeners for tools and supplies
- Providing funding for seeds/soil/pots
- Providing community garden space for gardeners that lack a space of their own.
- Encouraging employees to get involved.

## Can Non-Gardeners Help?

There are many ways for non-gardeners to get involved. While the initial focus of NNC is to provide free plants, seed, and gardening education, NNC also strives to establish community gardens for those that need garden space, provide cooking and canning instruction, and raise funding for future growing seasons. We also need assistance with raising and distributing seedlings as well as seeds. If you would like to get involved in developing a community garden space, or in some other way, please contact us.

